

FALL SPORTS START DATES/TIMES 2019

7th/8th FOOTBALL:

Thurs, August 8th and Fri, August 9th
3:30-5:30pm Practice

7th/8th VOLLEYBALL:

Monday, August 12th
4:30-6:30pm
Practices are held Monday-Thursday

6th/7th/8th Cross Country:

Monday, August 12th
5:30-7:00pm
Meet at door #3 prepared to run

6th/7th/8th Coed Soccer:

Monday, August 12th
Time TBD
Meet at AHS at front practice field

MUST HAVE A COMPLETED PHYSICAL TO PARTICIPATE

Physical packets can be picked up in the AMS office or can be found on our school webpage. On our webpage you can find it under the athletic tab and select Physical Form Packet.